

FOOD RESOURCES

School Based Sites

Mukilteo School District

Any kid age 1-18 is eligible. Meals will include breakfast and lunch and will be available 11:30 a.m. to 1 p.m. Mondays through Fridays throughout the district closure. You do not need to be a student at the school to receive meals.

Meal sites:

- Challenger Elementary School, 9600 Holly Drive, Everett, WA 98204
- Columbia Elementary School, 10520 Harbour Pointe Blvd., Mukilteo, WA 98275
- Horizon Elementary School, 222 W Casino Road, Everett, WA 98204
- Mariner High School, 200 120th Street SW, Everett, WA 98204
- Mukilteo Elementary School, 2600 Mukilteo Speedway, Mukilteo, WA 98275
- Odyssey Elementary School, 13025 17th Avenue W., Everett, WA 98204

Mobile meal routes:

- Walter E. Hall Park, 11:30 to 12
- Fairmount Elementary, 12:15 to 12:45
- Olivia Park Elementary, 11:30 to 12
- Lake Stickney Elementary, 12:15 to 12:45
- The Greens of Merrill Creek Apartments, 11:30 to 12
- Puget Park Apartments, 12:30 to 1
- Vantage Apartments, 11:30 to 12
- Tamaron Ranch Apartments, 12:15 to 12:45

Much like our summer meal program provided through federal funding, these meals will be free and available for any child, whether they are a student in our district or not. Children must be present to receive the lunch, but student ID numbers are not needed.

Everett School District:

- Meals will be available for pick up. Lunch orders must be placed before 7:00 a.m. each day. Orders placed
 after 10:00 a.m will be for the following day.
- Preorder is encouraged each day
- https://docs.google.com/forms/d/e/1FAIpQLScDKtD8YgVrb1nZ4Oc0aluGbyoof5gthnT4VFxukUzYDsK0g/closedform
- Meals will be free for all children 1-18 years of age (they do not need to be a student)
- Students must be present to receive their meal. Adult meals are not available for purchase
- Breakfast for the next morning will be given out with lunch
- Pick-up site does not need to be the students home school, you can select the most convenient site for your family.



Pick up Times	Pick up Sites	Address
11:30-11:45	Emerson Elementary	8702 7th Ave SE, Everett, WA 98208
11:30-11:45	Eisenhower Middle School	10200 25th Ave SE, Everett, WA 98208
11:15-11:30	Evergreen Middle School	7621 Beverly Ln, Everett, WA 98203
12:00-12:30	Family Tree Apts	10110 19th Ave SE, Everett, WA 98208
12:30-1:00	Gateway Apts	13105 21st Dr SE, Everett, WA 98208
11:00-11:15	Jefferson Elementary	2500 Cadet Way, Everett, WA 98208
11:15-11:30	Lowell Elementary	5010 View Dr, Everett, WA 98203
12:30-12:45	Madison Elementary	616 Pecks Dr, Everett, WA 98203
11:45-12:15	Mirabella Apts	805 112th St SE, Everett, WA 98208
11:15-11:30	Monroe Elementary	10901 27th Ave SE, Everett, WA 98208
11:45-12:15	Shoreside Village	701 75th St SE, Everett, WA 98203
11:15-11:45	The Lakehouse Apartments	12115 19th Ave SE, Everett, WA 98208
12:15-12:30	View Ridge Elementary	202 Alder St, Everett, WA 98203

FOOD RESOURCES CONT.

Food Banks

Mukilteo Food Bank

Address: 4514 84th St.SW Mukilteo, WA 98275

Service Hours:

2nd & 4th Monday 3:00pm - 5:30pm 2nd & 4th Tuesday 9:00am - 10:30pm

Phone: 425-366-8229

Website: legacy.mukilteofoodbank.org

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425-366-8229

The Village on Casino Road

Pop-up food bank Address: 14 E Casino Rd

Everett, WA 98208
Service Hours: Tuesdays
10:00 AM – 1:00 PPM

Website: connectcasinoroad.org

Grace Lutheran Church

Packs of food for kids – free to all **Address:** 5425 Harbour Pointe Blvd.

Mukilteo, WA 98275

Service Hours:

Thursdays from 10:00 AM - 2:00 PM

5:30 PM - 8:00 PM

Community Organizations

Hand In Hand

Boxed food, household supplies, community navigation, etc. **Address:** 9502 19th Ave SE suite f, Everett, WA 98208

Hours: 8:00 AM - 5:00 PM Monday through Friday

Phone: (425) 374-2461



Housing and Utility Assistance

Rental Assistance

St. Vincent De Paul

May assist with a one-time assistance for rent \$200 max

The Project PRIDE: Project PRIDE offers grants when available for low income clients that can be used for paying various housing expenses, whether it is an energy bill or even a security deposit on a new, low income apartment. Project PRIDE offers grants of up to \$125 and has income guidelines. Application can be submitted at the Broadway location office or mailed in to the mailing address listed to the left. (Must Provide: Completed Application, Proof of income for all household members within the last 30 days, and disconnection notices in the applicants name) Project Pride (425) 374-1243.

Assistance Line: (425) 355-3504 - (Option 3) for intake.

Monday- Friday (9:30 am- 4 pm)

Mailing Address: PO Box 2269 Everett, WA 98203

Volunteers of America

Galina Volchkova, Housing Manager

Address: 1230 Broadway, Everett, WA 98201

Email: Gvolchkova@voaww.org

Phone: (425) 212-3950

YWCA

Argelia Grassfield, Regional Director 425-669-9536

agrassfield@ywca.org

Address: 3301 Broadway, Everett, WA 98201 **Hours:** 9:00 AM – 5:00 PM Monday- Friday

Phone: (425) 258-2766

https://www.ywcaworks.org/housing

Utility Assistance

Free Internet through Comcast for 60 days for low-income families.

Only \$9.95 a month after the 60 days – no installation/credit or cancellation fee. You may be eligible for a low cost computer - \$149.99 https://www.internetessentials.com/

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PUD will NOT be disconnecting customers for non-payment during this time.

PUD offers year-round income-qualified rate discounts of 20, 40 or 60 percent off of PUD electric and water bills to customers based on the total household income limits.

https://www.snopud.com/Site/Content/Documents/custpubs/lincapp15 web.pdf

PSE Low-Income Assistance

PUD low-income assistance.

PSE will NOT be disconnecting customers for non-payment

The federal Low-Income Home Energy Assistance Program (LIHEAP) provides financial assistance to eligible low-income households to help pay their winter heating bills.

https://www.pse.com/pages/bill-and-weatherization-assistance



Education for Kids and Childcare

Education Resources

Lending Library: The Village on Casino Road

TBD

Mukilteo School District online tools:

https://www.mukilteoschools.org/Page/14236

Everett School District online tools:

https://www.everettsd.org/Page/31233

Scholastic Free learning for kids' PreK-9

https://www.youtube.com/watch?v=9oHq-joy22w

Educational podcasts for kids:

https://app.kidslisten.org/

Online Learning Tools

https://www.weareteachers.com/?fbclid=IwAR094LOG uOVv31mec130ddl2zhEcsTlDRyz7uaExfKkJY3lcszmumj4 4YiY

Education for parents and kids:

https://edu.gcfglobal.org/en/topics/

ChildStive online learning:

https://www.facebook.com/ChildStrive/

CDC guidance for schools and childcare programs:

https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html

Childcare

Boys and Girls Club

All day childcare 50% off regular rate. FREE for health care professionals and first responders

Address: 525 W Casino Rd. Everett, WA 98204

Phone: 425-355-6899

Hours of Service: 6:00 AM - 6:30 PM

YMCA

Limited Capacity. Care is provided at: Columbia Elementary 6:00am-6:30pm Serene Lake Elementary 6:30am-6:30pm Mukilteo Elementary 6:30am-6:30pm Lake Stickney Elementary 6:00am-6:30pm

Please fill out the paperwork through the link below as soon as possible to secure care. https://ymca-snoco.org/emergency-camp-paperwork

Prices: \$45/day per child. Financial assistance available to families upon inquiry. Care is free to first responders and essential healthcare workers.



Health and Wellness

COVID – 19 Assistance

Everett School District: https://www.everettsd.org/Page/31102

<u>Snohomish County:</u> https://www.snohomishcountywa.gov/AlertCenter.aspx?AID=Snohomish-County-COVID19-response-Restri-136

Washington Department of Health: https://www.doh.wa.gov/Emergencies/Coronavirus

Physical Activities

YMCA - At Home

The Y is committed to serving you through every challenge our community faces. That's why we're launching Y at Home: an initiative aimed at providing our members with simple, meaningful resources that will help keep you active and healthy while you're at home.

Virtual Exercise Classes: Tune in to exclusive virtual exercise classes hosted by some of our favorite instructors. These 20-minute workouts will help keep everyone in your home active and moving. Even the kids!

https://ymca-snoco.org/y-at-home/

Mental Health and Domestic Violence

IF YOU ARE IN CRISIS & NEED HELP RIGHT NOW

- Call the <u>Crisis Line</u> at 425-258-4357 or visit http://www.voaww.org/Get-Help/Behavioral-Health-Services
- Chat online with a professional at http://lmhurting.org/index.html
- Text "LISTEN" to 741-741 for immediate support
- Call the National Suicide Prevention Lifeline at 1-800-273-8255
- Call 1-800-985-5990 or text TalkWithUS to 66-746 for the <u>Disaster Distress</u>
 Hotline
- Call 1-800-799-7233 or text "Lovels" to 22-522 to connect with the National Domestic Violence Hotline
- The <u>National Deaf Dometic Violence Hotline</u> is available by video chat and email at https://thedeafhotline.org/

SI ESTÁ EN CRISIS Y NECESITA AYUDA EN ESTE MOMENTO

- Llame a la <u>Línea de Crisis</u> al 425-258-4357 o visite http://www.voaww.org/Get-Help/Behavioral-Health-Services
- Chatee en línea con un profesional en http://lmhurting.org/index.html
- Envía un texto que diga "LISTEN" al 741-741 para recibir ayuda inmediata
- Llame a la Línea Nacional de Prevención del Suicidio al 1-800-273-8255
- Llame al 1-800-985-5990 o envíe un mensaje de texto con TalkWithUS al 66-746 para obtener la <u>Línea Directa de Ayuda por Desastre</u>
- Llame al 1-800-799-7233 o envíe un mensaje de texto con "Lovels" al 22-522 para conectarse con la <u>Línea Directa Nacional de Violencia Doméstica.</u>
- <u>La Línea Directa Nacional de Violencia Para Sordos</u> esta disponible por video chat, correo electrónico, en https://thedeafhotline.org/



Other Economic Resources

City of Everett:

www.everettforeverett.com

Unemployment for workers and business affected by COVID-19:

https://esd.wa.gov/newsroom/covid-19

Community Resource Guide:

https://pihchub.org/livewell/

Everett Small Business resources:

https://dfi.wa.gov/coronavirus-financial-resources?fbclid=IwAR0dEu-glNGdKvkWOYX_GmKUubA9C7B1NeFYBTQAUQfrJJ6CUUz34awjuc

https://dfi.wa.gov/coronavirus-small-business-resources

https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources

Sources for undocumented families and DACA recipients:

 $\frac{https://docs.google.com/spreadsheets/d/18p9OSILpSYanIoUC-}{gEbhVbRMYVUfw4wyrixa9ekGdc/htmlview?fbclid=IwAR0bUeR2KVCaMkUCvfQ6yvxPmi3JghRZp6OX3PNVWquNtMj4sUmgwkB5RwA#gid=0}$